CPR Lessons

In our society we see, on television, children who have saved lives through their knowledge of CPR and First Aid. At Toongabbie West P.S we have with the support of our wonderful P&C been able to obtain CPR Health to run a course for all students to learn CPR, and the skills to save a life if the need arises by knowing what to do. Thankyou to the P&C who are providing half of the cost for the courses and the school will use some of its funds to pay the rest. The cost is $8.50 for K to 2 and $12.50 for years 3 to 6.

Books Alive - Book Parade K-6

Wow! Wow! Wow! What a sensational day our 2012 book parade was. This is the day that our favourite book characters came to life. This is the day that as a school we celebrate the power of books and the manner in which books can help to shape our lives and broaden our imaginations and take us to wonderful exciting worlds. Please encourage your children to join in and come dressed up as their favourite character from a book this Thursday.

School Canteen

It has become an issue where students are not ordering their hot food before school starts. Some students have been waiting until Lunchtime and then trying to order hot food. This means that the volunteers in the canteen are spending a lot of time serving students. I am asking that all students who wish to buy hot food from the canteen place a lunch order before school, the food is then collected and taken to their class and the long queues at the canteen will reduce and only students wishing to buy extras will be lining up to do so.

Upgrades to School Toilets

As a result of many complaints and information being supplied to the Department of Education we have been placed top of a list for a toilet upgrade in the Infants area. Project managers visited school last week and the works were identified and also some time frame for the work to be completed. I am hoping the initial removal of the concrete floor and new sewer pipes can be completed in the next school holidays. Once the work has begun it will take approximately 12 weeks, the disruption to the school will be minimal except for alterations to toilets for the K-1 students who will use the primary toilets for this period.
Enrolments 2014
Planning for classes and staffing for 2014 has already begun (yes it is that time of the year already). In order to have a better understanding as to what our student numbers will be for next year, please complete the slip at the end of this newsletter and return it to school by Friday 15 November.

If you know of parents who wish to enrol their child in our amazing school, or have children commencing Kindergarten in 2014, please encourage them to visit the school and pick up an enrolment form and information package, or direct them to the school’s website.

Trees and Gardens
Due to a small number of trees having died, they have been removed and new trees will be planted to replace them as soon as practical. The gardens in the school are now coming into the Spring phase and a lot of work is done to keep them neat and tidy and also to use them to make the school look like a place you would want your child to attend. However some students are ignoring the rules of not walking on garden planted areas, if you could please encourage them to take pride in their school and not damage plants and borders it would be really appreciated.

Volunteers for Fathers Day stall on Thursday
If there are any parents or grandparents who might have some time to help on the Fathers Day Stall on Thursday. It is always a busy time and all helpers are appreciated. Please notify the office and your name and contact number will be passed on to the P&C.

Camps
School camp is one of the highlights of childhood. Chances are you can still remember the names of the kids you bunked with and the things you did on camp. However, it’s also true that for some children (and their parents) the thought of staying away overnight can create a little anxiety.

It’s not uncommon for kids to worry about who they’ll room with, ‘being left out’ of things, whether something might go wrong, feeling homesick and other understandable concerns. Even the most outgoing and confident child may have a few moments of separation anxiety as the time to leave gets closer.

Tips for School Camp Confidence
The process of getting your child off to camp happily will be helped by observing some of these points:

- talk to your child about how they feel
· reduce the sense of unknown
· practise sleepovers
· practise ‘independence’ skills at home
· prepare, make lists, and pack together
· keep communication with school staff
· keep positive

The Safety of Our Students – Car Park

A reminder that the parking of cars in the school car park during morning drop-off and afternoon pick-up is discouraged because of the obvious safety risks to children. Children are not often as aware of what is going on around them, especially in the excitement of going home at the end of the day and when talking to their friends. The school reminds our wonderful families that entry and exit into our school is through the pedestrian gates only, not through the staff car park.

Lunchbox Snack Foods

Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Snacks need to be everyday foods rather than sometimes foods.

Everyday Snacks are: fruit loaf, plain popcorn, plain or fruit yoghurt, cheese and crackers, fresh fruit or canned fruit, dried fruit and cheese cubes, wholemeal biscuits or crackers, vegetable sticks and dip or salsa, corn or rice cakes with or without spreads, celery, cherry tomatoes and carrots sticks, bottle of water.

Sometime snacks are: muesli bars and dried fruit bars, potato chips/chips and corn chips, lollies, confectionary, chocolate, cordial and soft drink.

Confectionary and lollies are very high in sugar, provide extra kilojoules and cause tooth decay. They are not recommended for lunch boxes. These foods should be kept these foods for special occasions only. Providing healthy snacks will always help children maintain concentration for longer.

Congratulations to the following students on receiving their award:


**PBL Award:** Tiana H, Kurt S

**Principal’s Award:** Alofi F, Mario T, Jordan E, Meena B

Book Parade

This Thursday, we will be celebrating Book Week and National Literacy Week with a parade for all children from Kindergarten to Year 6. The theme for Book Week this year is:

Read

Across the Universe

Children may come to school dressed as one of their favourite book characters. The children will parade in their costumes at the whole school assembly which will be held on Thursday 29th August 2013.

This parade is to promote reading and is not a competition. Please do not go to any great expense in making your child’s costume. Parents are welcome to join us to view the parade.

Date: Thursday 29 August 2013

Time: 2:00 p.m.

Venue: School Hall

Canteen News

Friday 21 Sept is Cup cake day. $2 includes a cupcake and Juice Poppa.

Fri 28 Sept is Pancake Day: 3 for $1 optional Maple syrup and cream.

Father’s Day Reminder

Father’s Day Stall

Our Father’s Day Stall will be held this Thursday 29th August in the school hall. Please send your child to school with $5 if they wish to purchase a gift. We have a wide variety of gifts for purchase. Helpers are required to assist us with the selling of gifts. If you can spare one hour, we will be meeting inside the school hall at 9 a.m.

Father’s Day Raffle

We have great prizes for our Father’s Day Raffle, so remember to return your raffle stubs and money by Thursday 29th August. Please ensure
that your name or child’s name and class are on all
the raffle stubs. The raffle will be drawn at the end
of the Book Parade on Thursday 29th August. Don’t
forget that the child who sells the most tickets in
infants and primary will receive a $20 gift voucher.

Thank you for your support

P&C Committee.

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### Students NOT Returning in 2014

Please return this slip if your child is **not returning
at all** to Toongabbie West Public School (not
including Year 6 students)

My child .................................................................

of class .................................................................

will not be returning to Toongabbie West public
school in 2014

Because ...........................................................................

......................................................................................

Signed: Parent/Guardian...........................................

Date: .............................................................................

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### Students Returning LATE In 2014

Please return if your child is returning to Toongabbie
West Public School **after the commencement of
Term 1**.

My child .................................................................

of class .................................................................

will be returning **late** to Toongabbie West Public
School

on (date): ............................................................. 2014

Because ...........................................................................

Signed: Parent/Guardian...........................................

Date: .............................................................................

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### Enrolling Students for 2014

Please return to the school office if you are planning
on enrolling a student in Kindergarten in 2014.

OR please pass on this information if you know of
someone who has a child of the appropriate age and
is interested in enrolling them at this school,

Children must be turning 5 years old by 31 July 2014
in order to be eligible to commence school in
January 2014.

Child’s Name .................................................................

Date Of Birth: .............................................................

Parent’s Name: ............................................................

Contact Phone Number: .............................................

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